

naam	Geb. datum	m / v	Start nummer	Afstand	Werkelijke eindtijd		Voorspelde eindtijd	Werkelijk-voorspeld
Ronald Strijker	20-2-1975	m	232	10	0:50:01		0:50:00	0:00:01
Chris Sillen	16-5-1996	m	5	5	0:25:58		0:26:00	0:00:02
Karen Geerts	0-1-1900	v	393	5	0:26:04		0:26:00	0:00:04
Stefan Herbers	25-4-1994	m	85	10	0:46:56		0:47:00	0:00:04
Bianca de Rijk	21-6-1973	v	251	10	0:54:54		0:55:00	0:00:06
Anna Janssens	2-3-2002	v	10	5	0:31:29		0:31:36	0:00:07
Roos Groothuis	17-8-1981	v	66	10	0:56:24		0:56:32	0:00:08
Gea Smeenge	4-5-1962	v	378	10	1:04:53		1:05:02	0:00:09
Manon Otter	0-1-1900	v	83	10	0:49:50		0:50:00	0:00:10
Jasmijn Janssens	25-4-2003	v	11	5	0:33:10		0:32:58	0:00:12
Joran Kroesen	11-11-1994	m	62	10	0:52:06		0:51:51	0:00:15
Ludo Bennen	29-1-1974	m	227	10	0:52:06		0:51:51	0:00:15
Peter Bos	22-9-1965	m	409	10	0:47:14		0:47:30	0:00:16
Harold Hulst	27-9-1964	m	420	10	0:46:53		0:47:09	0:00:16
Natascha Koerts	6-8-1981	v	98	10	0:54:43		0:55:00	0:00:17
Klaas Bronsema	20-8-1957	m	390	10	1:00:18		1:00:00	0:00:18
Ina Boer	7-6-1964	v	385	10	0:58:58		0:58:40	0:00:18
Janneke Kraan	13-8-1959	v	399	10	1:18:12		1:18:30	0:00:18
Johan Luinge	3-5-1950	m	391	5	0:30:19		0:30:00	0:00:19
Andreas van Scherpenzeel	0-1-1900	m	64	10	0:42:10		0:42:30	0:00:20
Corien Wegkamp	1-4-1981	v	79	10	0:43:53		0:43:30	0:00:23
Thomas van der Wal	15-12-1973	m	252	5	0:18:24		0:18:00	0:00:24
Jacob Strijbosch	16-6-1954	m	381	10	0:47:22		0:47:47	0:00:25
Aaldert van der Tuuk	14-1-1963	m	437	10	0:51:02		0:51:27	0:00:25
Kirsten Vegt	17-2-1973	v	236	10	1:13:57		1:13:28	0:00:29
Tom van Tellingen	13-12-1970	m	247	10	0:40:22		0:40:51	0:00:29
Zeger Zeilemaker	3-12-1971	m	270	10	0:40:30		0:40:00	0:00:30
Alisa v/d Capelle	26-8-1980	v	78	10	0:48:47		0:48:15	0:00:32
Herman Middel	9-11-1958	m	419	10	0:55:44		0:55:12	0:00:32

Janny Perdok	25-10-1951	v	396	10	1:12:32	1:12:00	0:00:32
Robert de Maar	24-7-1973	m	262	10	0:51:25	0:52:00	0:00:35
Alida Jansma	22-3-1964	v	397	10	0:58:24	0:58:59	0:00:35
Luc Sillen	20-11-1998	m	4	10	0:35:52	0:36:30	0:00:38
Adriaan Bennen	0-1-1900	m	406	10	0:43:38	0:43:00	0:00:38
Peter Berghuis	25-9-1964	m	403	10	0:39:49	0:40:31	0:00:42
Janneke Miedema	5-7-1963	v	436	5	0:35:42	0:35:00	0:00:42
Riemer Bosma	0-1-1900	m	405	10	0:43:00	0:43:43	0:00:43
Gonda Brinker	14-5-1964	v	411	10	1:01:43	1:01:00	0:00:43
Janet Luis	18-3-1971	v	53	5	0:36:37	0:37:21	0:00:44
Albert Leunge	20-12-1969	m	237	10	0:49:44	0:49:00	0:00:44
Ina Enting	4-1-1974	v	267	10	0:58:47	0:58:00	0:00:47
Jan Roeles	24-5-1962	m	416	10	0:43:56	0:44:44	0:00:48
Frederiek Dilling	5-6-1956	v	410	10	1:05:27	1:06:15	0:00:48
Nienke de Ruiter	25-10-1983	v	86	10	1:10:11	1:11:00	0:00:49
Simone Spier	18-9-1983	v	87	10	1:10:11	1:11:00	0:00:49
Ilona de Jonge	28-3-1980	v	14	5	0:34:10	0:35:00	0:00:50
Jan Wierenga	19-11-1971	m	250	5	0:28:26	0:29:19	0:00:53
Esther Zelders	1-2-1976	v	74	10	0:52:53	0:53:48	0:00:55
Marco den Hollander	12-10-1966	m	244	10	0:45:10	0:44:15	0:00:55
Griet van Schoote	4-5-1987	v	90	10	1:09:28	1:08:30	0:00:58
José Draadjer	28-3-1992	v	97	10	1:03:59	1:05:00	0:01:01
Niels Kimmel	14-2-1969	m	256	10	0:47:32	0:46:30	0:01:02
Lydia Mast	9-11-1966	v	259	10	1:00:05	0:58:59	0:01:06
Jan Hendrik Rijnberg	26-4-1953	m	376	10	0:46:44	0:47:50	0:01:06
Bernlef Sminia	24-5-1979	m	70	10	0:51:02	0:52:09	0:01:07
Marije Botterblom	6-5-1992	v	84	10	0:47:40	0:48:48	0:01:08
Jeanet Strijk	5-2-1979	v	89	10	1:00:24	0:59:15	0:01:09
Annemieke Weijling	6-4-1971	v	257	10	0:54:52	0:53:43	0:01:09
Janette Beens	18-5-1980	v	15	5	0:34:10	0:33:00	0:01:10
Jannie Drenth	0-1-1900	v	402	10	0:54:10	0:55:22	0:01:12

Joost Hindriks	0-1-1900	m	77	10	0:35:48	0:37:00	0:01:12
Bert Smid	29-8-1970	m	266	10	0:45:47	0:47:00	0:01:13
Saskia Thissen	23-3-1984	v	72	10	1:03:45	1:05:00	0:01:15
Geke Mulder	1-5-1972	v	274	10	1:01:15	1:02:36	0:01:21
Ineke Berghuis	21-11-1959	v	404	10	0:57:13	0:58:35	0:01:22
Arend Braams	1-6-1969	m	265	5	0:36:50	0:38:14	0:01:24
Chris Woldhuis	27-8-1981	m	69	10	0:43:40	0:45:05	0:01:25
Roelof Wemmenhove	12-7-1976	m	55	10	0:57:17	0:58:42	0:01:25
Veerle Woppenkamp	27-4-2003	v	12	5	0:36:04	0:37:30	0:01:26
Herman ter Meulen	24-6-1981	m	8	5	0:28:33	0:30:00	0:01:27
Henk Brinker	9-3-1961	m	412	10	1:00:39	0:59:11	0:01:28
Dirk Jan Lekkerkerker	16-9-1955	m	417	10	1:09:28	1:08:00	0:01:28
Menno Mud	12-2-1971	m	246	10	0:37:01	0:38:30	0:01:29
Gré Bezema	4-8-1960	v	432	10	0:55:30	0:57:00	0:01:30
Leo Santing	20-2-1970	m	253	10	0:49:09	0:50:40	0:01:31
Jos Betten	18-10-1966	v	6	5	0:30:55	0:32:30	0:01:35
Henk Aalders	29-12-1948	m	434	10	0:45:25	0:47:00	0:01:35
Jetsko Borg	0-1-1900	m	429	10	0:46:36	0:45:00	0:01:36
Marga Oolders	5-6-1973	v	242	10	1:11:33	1:13:12	0:01:39
Amanda Bokhorst	4-4-1977	v	52	5	0:33:30	0:35:11	0:01:41
Erik de Vries	30-11-1979	m	59	10	0:42:01	0:43:48	0:01:47
Jan Ploeger	19-10-1965	m	413	5	0:28:06	0:30:00	0:01:54
Jeroen de Vries	31-10-1986	m	61	10	0:42:05	0:44:01	0:01:56
Ellen Hadderingh	12-5-2005	v	439	5	0:26:37	0:28:33	0:01:56
Gerrie Strijbosch	12-12-1957	v	382	10	1:05:01	1:03:03	0:01:58
Elise Doldersum	25-7-2003	v	3	5	0:49:01	0:47:00	0:02:01
Roelof Boer	23-4-1970	m	229	10	0:56:51	0:58:57	0:02:06
Egbert Geertsma	13-7-1961	m	383	10	0:56:23	0:58:30	0:02:07
Jolande Brink	22-12-1958	v	424	5	0:32:22	0:34:32	0:02:10
Aad Verheul	15-7-1948	m	7	5	0:30:48	0:28:38	0:02:10
Karin Oosting	8-10-1970	v	228	5	0:34:03	0:31:53	0:02:10

Martin Hink	23-6-1974	m	239	10	0:45:26	0:47:39	0:02:13
Theresia Bijl	18-10-1968	v	249	10	0:45:33	0:47:48	0:02:15
Tietsia Braams	21-2-1970	v	264	5	0:31:29	0:33:45	0:02:16
Aaltje Hovinga	18-2-1960	v	377	10	0:53:57	0:56:14	0:02:17
Rune Krol	16-11-2004	m	13	5	0:24:50	0:27:08	0:02:18
Dennis Krol	25-2-1975	m	263	5	0:24:52	0:27:10	0:02:18
Susan Koop	14-7-1988	v	60	10	0:49:51	0:52:10	0:02:19
Henk Enting	30-7-1969	m	273	5	0:26:17	0:28:40	0:02:23
Jeannet Leiting	12-7-1971	v	272	5	0:32:49	0:35:15	0:02:26
Gerritjan Moes	2-3-1972	m	241	10	0:47:21	0:49:50	0:02:29
Jaspers Braams	23-4-1984	m	68	5	0:37:28	0:40:00	0:02:32
Kevin Eefting	18-11-1991	m	75	10	0:52:22	0:49:49	0:02:33
Frans Scheuneman	10-3-1951	m	398	10	0:57:25	1:00:00	0:02:35
Siska Wekema	8-2-1975	v	258	10	1:02:35	0:59:59	0:02:36
Carlo Hadderingh	1-3-1975	m	438	5	0:26:37	0:29:13	0:02:36
Arend Enting	27-2-1962	m	384	10	0:45:59	0:48:35	0:02:36
Hilda Boorsma	23-5-1964	v	426	10	1:02:35	0:59:58	0:02:37
Joep Sillen	21-7-1955	m	392	10	1:02:21	1:05:00	0:02:39
Lyen de Vrieze	21-7-2005	v	1	5	0:28:14	0:25:30	0:02:44
Jos Arends	16-4-1959	m	408	10	0:45:09	0:48:00	0:02:51
Melvin Huizing	10-12-1986	m	82	10	0:51:43	0:54:37	0:02:54
Henk ter Veen	17-9-1974	m	234	10	0:47:05	0:49:59	0:02:54
Sagitta Mennega	4-12-1978	v	58	10	1:03:18	1:06:15	0:02:57
Gerrie Bijl	28-10-1967	m	248	10	0:48:28	0:51:31	0:03:03
Arjen Deenen	6-11-1985	m	96	10	0:42:41	0:45:45	0:03:04
Jonno Boer	5-9-2000	m	9	5	0:24:12	0:21:07	0:03:05
Clara Klinkers	27-9-1959	v	386	10	0:54:43	0:57:59	0:03:16
Rein van Boven	24-12-1962	m	435	5	0:28:25	0:25:00	0:03:25
Janet Bakker	24-1-1965	v	430	5	0:31:31	0:35:00	0:03:29
Cornee Veenhuis	10-1-1975	m	254	10	0:47:05	0:50:45	0:03:40
Ralf Dik	28-8-1967	m	255	10	1:02:44	1:06:28	0:03:44

Gea Jungman	27-11-1971	v	231	10	1:13:57	1:10:00	0:03:57
Dennis Venema	17-9-1971	m	243	10	1:00:57	1:05:00	0:04:03
John Broekman	31-10-1970	m	230	10	0:52:19	0:48:16	0:04:03
Anita Janssens	15-1-1972	v	260	10	1:04:04	0:59:59	0:04:05
Monique Lahuis	1-1-1972	v	226	10	0:54:50	0:58:58	0:04:08
Klaske Gonlag	9-9-1979	v	81	10	0:50:00	0:54:09	0:04:09
Brina Offringa	8-1-1958	v	379	10	1:00:39	1:04:50	0:04:11
Jelmer Rijkens	10-6-1978	m	71	10	0:37:49	0:42:01	0:04:12
Thea Hak	0-1-1900	v	269	10	0:53:47	0:58:02	0:04:15
Bas Prins	30-9-1984	m	65	10	0:50:25	0:54:44	0:04:19
Fenny Warring	27-12-1970	v	268	5	0:33:08	0:37:30	0:04:22
Jedidja Elders	19-4-1985	v	54	10	1:06:36	1:11:11	0:04:35
Marieke Smidt	22-2-1982	v	80	10	0:47:25	0:52:03	0:04:38
Laura Woppenkamp	11-4-1973	v	261	10	0:55:05	0:59:56	0:04:51
Thomas Raap	21-7-1985	m	91	10	0:49:58	0:55:00	0:05:02
Jannie Poortman	12-3-1962	v	428	10	1:00:57	1:06:00	0:05:03
Bart Windt	30-8-1979	m	67	5	0:33:20	0:39:00	0:05:40
Artem Baguinski	17-11-1976	m	99	10	0:49:17	0:55:00	0:05:43
Willem de Niet	14-8-1957	m	431	10	0:54:12	1:00:00	0:05:48
Jan Sikkema	17-9-1952	m	407	10	0:48:03	0:54:01	0:05:58
Fokko Klein	5-10-1947	m	418	10	0:49:29	0:55:45	0:06:16
Frank van Wensveen	17-11-1963	m	425	10	0:55:34	1:02:00	0:06:26
Moniek Braams	24-5-1996	v	95	5	0:36:50	0:43:20	0:06:30
Michaël Hoonakker	26-4-1959	m	423	10	0:55:35	1:02:05	0:06:30
Bert Knol	27-8-1955	m	422	10	1:00:39	1:07:30	0:06:51
Willem Drenth	29-1-1965	m	427	10	0:53:01	1:00:00	0:06:59
Wim Baars	4-2-1940	m	414	10	1:01:43	1:08:50	0:07:07
Vincent Marten	0-1-1900	m	76	10	0:47:52	0:55:00	0:07:08
Anja Pieterman-Dijksterhuis	3-4-1960	v	415	10	1:01:43	1:08:58	0:07:15
Evelyne Salari	7-9-1950	v	401	10	1:02:21	1:10:05	0:07:44
Marjanne Wigchers	17-1-1984	v	63	5	0:34:08	0:42:10	0:08:02

Niels Spoelman	12-12-2002	m	2	5	0:24:55		0:33:05	0:08:10
Hilly Oosting	20-3-1961	v	388	10	0:59:47		1:08:00	0:08:13
Elke Wever	24-7-1957	v	395	10	1:01:41		1:10:00	0:08:19
Douwe Wiegersma	4-1-1953	m	389	10	0:58:29		1:07:38	0:09:09
Arjan Rouw	12-7-1980	m	51	10	0:53:25		1:04:28	0:11:03
Harry Prins	7-11-1959	m	400	10	1:03:43		1:15:20	0:11:37
Yvette Bodegom	4-9-1981	v	56	5	0:33:20		0:45:00	0:11:40
Ilse van Beek	27-11-1987	v	57	5	0:33:20		0:45:00	0:11:40
Dima Baguinski	29-5-2003	m	440	5	0:28:13		0:40:00	0:11:47
Lonja Schürman	12-6-1990	m	94	10	0:55:24		0:43:30	0:11:54
Henri Vierhoven	28-5-1971	m	240	10	1:01:11		1:15:00	0:13:49
Paul Sloot	21-12-1954	m	433	10	0:59:14		1:15:00	0:15:46
Janko Deuring	29-10-1970	m	271	10	0:35:00		0:52:00	0:17:00
Sophie Fokkens-Kradolfer	17-6-1979	v	93	10	0:56:34		1:14:00	0:17:26
Henk Bik	31-1-1957	m	380	10	0:32:18		1:06:13	0:33:55
Annelies Bos-Oolders	12-12-1970	v	245	10	0:41:46		1:18:40	0:36:54
Hanny Luinge	3-7-1948	v	394	10	0:31:28		1:10:00	0:38:32
Linda Ebbinge	10-3-1993	v	73	10	0:00:00		0:47:33	0:47:33
Bouke van der Hem	6-6-1946	m	421	10	0:53:33		0:00:00	0:53:33
Olaf Sloot	18-3-1979	m	92	10	0:00:00		1:10:00	1:10:00